

PSYCHIATRIC CONSULTATION REPORT

Hurononia Regional Centre, Orillia  
February 14, 1975

NAME: [REDACTED]  
CASEBOOK # [REDACTED]  
DATE OF BIRTH: [REDACTED] 1958  
DATE OF ADMISSION: March 20, 1965  
LOCATION: T.V. Manor, Education Unit

I saw [REDACTED] on three occasions in the past four weeks to help her with her psychological problems.

On the first occasion I referred to her drawings which consist of a central circle with surrounding patterns of smaller type. On this occasion the circle discussed was white and free from inclusions, it was fuzzy edged and surrounded by purple paired dots all of the same size; there were four shaded areas, also purple, set, as it were North, East, South And West. Much work had been put into this drawing.

I suggested that the white circle was herself, as she felt about herself, empty and therefore worthless, fuzzy and therefore hard to define. The paired dots were the people around, in pairs, she being single suggesting a realization of the paired sexuality of the world in general and that she does not fit in. She exclaimed, "Yes that's just me"; "was she the ugly unwanted duckling of the fable?" She replied, "Men like pretty girls and I'm not". We talked of her acne, that she blushes easily and that rashes can be, as it were, a long sustained blush. She added that blushes under her skin feel odd and that she then rubs it. I added, "and pick it? and then it goes septic. When you came here a doctor wrote in your notes that you had a beautiful skin, you could have it again". This pleased her.

During the second interview I reverted to the picture commenting on the basic anxiety it showed in its symmetry and careful execution, to be seen in some other drawings of hers too. They meant much to her and were very personal. This was why she kept them under her bedclothes. After a while she added, "Yes, but I also rub them down my stomach" confirming my view that sexual symbolism was involved.

At the third interview she was all keyed up to talk about sex. She began by saying that boys tended to look up under her skirt and so preferred wearing slacks and that some at school had giggled when two buttons came loose on her blouse.

I pointed out that this could be true and natural, she then asked if I knew of some of the signs girls could give and showed me one - tickling the palm of my hand with her middle finger and so on. I went on to say that sex interest was natural at her age but that she must know also how to control herself. The risks, babies, venereal disease were not worthwhile. She asked about V.D. which I explained in simple terms. She then said she had a white vaginal discharge which I said was very common. She added hers goes green

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February 14, 1975

at times. I replied that I thought she ought to have a test for this. She went on that she considered herself sexually unattractive and that she would be likely to fatten up in a year or two and look worse. I replied I thought she had a pleasant trim figure and had nothing to worry about. But, sex was a problem to her and her pictures had highlighted the matter. Now she should get off to school and we went to tell her counsellor, Mrs. Shaw, what we had been discussing. At this time she again referred to her figure and she said her hips went straight down like a boys. We argued this was not so and I pointed out to her that her sides were not straight up and down. Mrs. [redacted] told her that hers were the problems of most teenagers and that she was no exception. Perhaps a little relieved she went off to school.

Later that afternoon I had a note that the Director of the Education Unit had decided that in future [redacted] would have a session with Mrs. [redacted] (Psychologist) and Mrs. [redacted] once a week... in order that conflicts do not arise.

I was asked to channel future interest in [redacted] through Mrs. [redacted].

[redacted] .....  
 [redacted] M.D.  
 Consulting Psychiatrist.

- c.c.
- Resident Records/ Miss [redacted]
- Dr. [redacted]
- Mr. [redacted]
- Dr. [redacted]
- Dr. [redacted]

*2+2 = a narrow minded 4!  
 J.E.*

/m